



UNIVERSAL HEALING TAO
SWITZERLAND

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Evening - Seminars

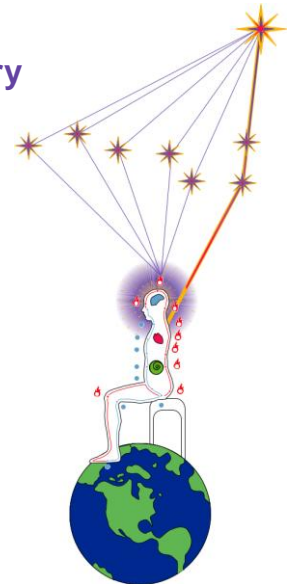
1 x per Month a Evening Essence Seminar

Please check the exact date on the "Calendar" website.

The essence, theory and exercises for the monthly theme are taught at these evening seminars. If you integrate some of these essences into your lifestyle, you will experience flowing energy and joy (flowjoy©) as well as a deep sense of well-being in your everyday life.

January	Introduction to the Universal Healing Tao System - UHTS
February	4-Dimensional Health in the everyday - how is it possible?
March	Activating, guiding, storing of Energy in the body
April	Sexual energy competence and creative energy
Mai	Chi Nei Tsang – Taoist 5 Organ Belly Self Massage
June	Transform fear - recharge your batteries - live healthily
July	Burn in instead of burn out - fully recharge your battery
August	The multi orgasmic Couple and 3 forms of love "Eros-Agape-Amor"
September	4-Dim. Health Model & flowjoy in the 24h daily life
Oktober	Sexual energy competence and creative energy
November	Burn in instead of burn out - fully recharge your battery
December	Compassion, orgasm and eternal life

Register: rentao@universal-healing-tao.ch
Costs: CHF 120.-- for one evening seminar
Place: Bern
Time: 18:30 – 21:30



Rentao Ravasio

As a former professional athlete and sports teacher, I was looking for training methods that work from the inside out instead of from the outside in. I found the answers in **UNIVERSAL HEALING TAO (UHT)** and became a student, assistant and senior instructor of Grand Master Mantak Chia - founder of the UHT system. I ran a Taoist health centre in the Swiss Alps for over 12 years and have been teaching all over the world for more than 30 years. In 2008/2012 I organised the first European UHT Instructor Conferences with over 250 instructors from 27 countries. As a coach, I share my health prevention concepts **flowjoy©** and **4-Dimensional Health (4-DH©)**, as well as practical exercises that enable every human being to live in flow, joy and love in the 24-hour everyday life.

Anmeldung: rentao@universal-healing-tao.ch • 076 332 39 39