



Training, Evaluation and Upgrading

Dear UHT Associate Instructors

You have now the opportunity to be trained, upgraded and evaluated into the status of a fully certified UHT Instructor.

Please inquire via e-mail about the Upgrading Trainings below.



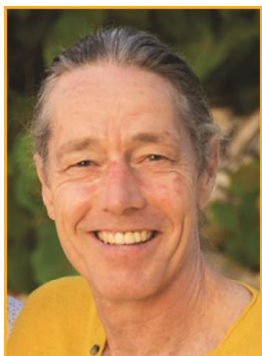
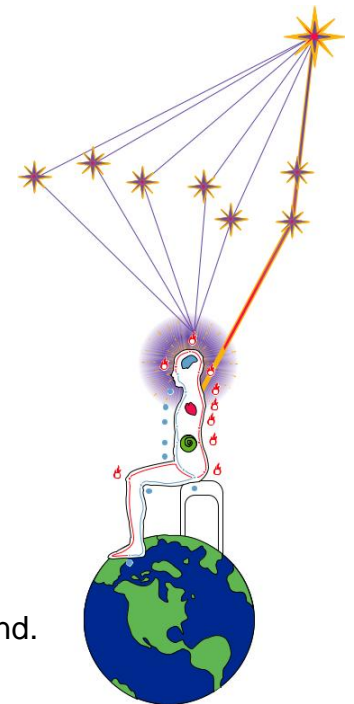
Bern: Preparation Training - 2 Days

Iron Shirt and Healing Love represent the next stage of further training.



Bern: Certification Training - 2 Days

Deepening the techniques learnt in the preparatory training and learning meta-skills (how to teach the techniques). Furthermore, the evaluation and certification of Iron Shirt I whole set and Healing Love then provides the opportunity to develop step by step in other disciplines of UHT Switzerland.



Rentao

As a former professional athlete and sports teacher, I was looking for training methods that work from the inside out instead of from the outside in. I found the answers in UNIVERSAL HEALING TAO (UHT) and became a student, assistant and senior instructor of Grand Master Mantak Chia - founder of the UHT system. I ran a Taoist health centre in the Swiss Alps for over 12 years and have been teaching all over the world for more than 30 years. In 2008/2012 I organised the first European UHT Instructor Conferences with over 250 instructors from 27 countries. As a coach, I share my health prevention concepts **flowjoy©** and **4-Dimensional Health (4-DH®)**, as well as practical exercises that enable every human being to live in flow, joy and love in 24-hour everyday life.